

## MC300: NATIONAL SPORTS ORGANIZATION

**B. Pharm. II Year I Sem**

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The following is the List of Sports and Games:

- 1) Cricket
- 2) Volley Ball
- 3) Table Tennis
- 4) Foot Ball
- 5) Throw Ball (Only for Women)
- 6) Basket Ball
- 7) Athletics
  - 100 Meters Run
  - Long Jump
  - Shot Put

Rules and Skills of the above Sports and Games should be taught to the students.